Mobile working – current trends and requirements
Trends
Working today and tomorrow

- Digitalisation
- Demographics
- Globalisation
- Cultural change

WORK
## Trends

**Working today and tomorrow**

<table>
<thead>
<tr>
<th>Computer</th>
<th>Human</th>
</tr>
</thead>
<tbody>
<tr>
<td>Algorithms</td>
<td>Creativity</td>
</tr>
<tr>
<td>On-Line &amp; Cloud Based</td>
<td>Intercultural &amp; interdisciplinary collaboration</td>
</tr>
<tr>
<td>Mobility Flexibility</td>
<td>Working independent from time and location</td>
</tr>
</tbody>
</table>

Digitalisation
Trends
Working today and tomorrow

Cultural change

Taking care of old and children

Work and home life balance
Trends
Working today and tomorrow

How old will the average employee be in 2030?

The older employees are the higher their average sick-leave

<table>
<thead>
<tr>
<th>Age</th>
<th>Sick-leave days per year</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 to 34 years</td>
<td>9</td>
</tr>
<tr>
<td>40 to 44 years</td>
<td>12</td>
</tr>
<tr>
<td>50 to 54 years</td>
<td>16</td>
</tr>
<tr>
<td>50 to 54 years</td>
<td>19</td>
</tr>
</tbody>
</table>
Trends
Working today and tomorrow

Flexible, motivated and healthy employees are the key to corporate success, which is why ...

- Increasing employer attractiveness
- Health and well-being of employees
- Working anywhere, anytime

are important trends for companies. You need solutions that meet the different requirements.
Increasing the employer’s attractiveness
What do employees want?

“A good workspace is the minimum I expect from my employer. After all, I spend a lot of my work at the screen.”

<table>
<thead>
<tr>
<th>What Do Workers Value in a Workspace?</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Appealing, comfortable workspace</td>
<td>61%</td>
</tr>
<tr>
<td>Workspace flexibility</td>
<td>53%</td>
</tr>
<tr>
<td>Community atmosphere</td>
<td>47%</td>
</tr>
<tr>
<td>Special perks (i.e., free food)</td>
<td>47%</td>
</tr>
<tr>
<td>Learning opportunities</td>
<td>32%</td>
</tr>
</tbody>
</table>

Not all answer choices shown
Percent of total respondents, N=1003 workers whose work can be done in an office
Source: Clutch 2018 Future of Work Survey
Different places, different requirements

4 working situations

home
office

mobile
flex

Individual workplace often inconvenient framework conditions

Compact to store

Individual workplace often convenient framework conditions

Often work with documents

Changing user & needs
Current situation
Working from home is growing exponentially

- Coronavirus continues to spread in across the globe; contact bans are in place.
- Many employees are asked to work from home by the employer.
- Working from home: new and challenging!
- Working from home: There are known health risks for employees (physical & mental).
- How do you ensure that your employees can work at home as productively, comfortably and healthily as in the office?
Requirements on a proper workspace

What is important?

- Sitting correctly on a good office chair at a properly adjusted table
- A good working environment (acoustics, lighting, climate)
- Correct viewing distance (23 to 27 inches) and viewing angle (-35 °)
- Work in a line: Screen > documents > Keyboard > Body
- Input devices compact and close to the body
- Form-fitting shaping of the input devices
- Adequate exercise and moments of relaxation at work
Mobile working & working from home
The implementation - home office vs. mobile working (at home) ...

Imagination of the employer (the home office)

Reality of many employees (especially in the city)

Home office: desk, office chair, lighting and equipment (= requirements as in the office)

Mobile working (at home): employees only work with their laptop → high risk to health and efficiency
Mobile working (at home)

The implementation

Desire

Reality
Mobile working (at home)

What does science say?

Scientific Research on Ergo-Q Notebook Stand shows:

- **Productivity + 17%**
- **Comfort + 21%**
- **Neck strain -32%**

**Figure 1**
Difference in physical discomfort between using a laptop with a laptop support and a laptop without a laptop support. Reference: Boersma and Mol, 2003.

**Figure 2**
Difference in productivity among 3 different laptop configurations:
- Full: laptop + separate mouse and separate keyboard;
- NPE: laptop + separate mouse;
- NPC: laptop alone.
Mobile working (at home)
The implementation

Ergo-Q 260 + Ultraboard 950 + PRF Mouse
Mobile working (at home)
The implementation – wish and reality? Yes, reality!
Mobile working (at home)
The implementation – wish and reality? Yes, reality!

When working mobile at home, it does not always have to be the same workplace-set-up as in the office.

But:
- A height adjustable table
- A desk chair
- Adequate lighting
- Tools to fulfill basic requirements should still exist.
Home-Office
The implementation – A lot of room for improvement...

Ergonomic standard compact or compact keyboard (e.g. UltraBoard 950/960)

Ergonomic vertical mouse (e.g. HandShakeMouse or PRF Mouse)

Monitor arm or monitor stand (e.g. SmartOffice 11/12 or Q-Riser 50/90/110)

“In-line“ document holder (e.g. Q-Doc 515 CL or FlexDesk 640)
BE Safety screens

- Medium - Long term solution for COVID-19
  - Employee protection
  - Sustainable, environmentally friendly solution
  - Simultaneous audio-visual privacy
- Circular
- Aesthetic
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